**The best way to support me:**

I often need an adult to support me by directing my focus and helping me to concentrate.

I like to talk about my ideas before I write them down.

It is useful for me to repeat instructions to an adult before I start an activity.

Sometimes I need a brain break.

Personal Profile

**Ryan**

Date: October 22

**My hopes and wishes**

I like fire engines, police cars, ambulances, and air ambulances.

I like to eat tuna mayo sandwiches.

Red is my favourite colour.

I like it when people play with me.

**What others like and admire about me:**

I like fire engines, police cars, ambulances, and air ambulances.

I like to eat tuna mayo sandwiches.

Red is my favourite colour.

I like it when people play with me.

**Any other useful information**

I often need an adult to support me by directing my focus and helping me to concentrate.

I like to talk about my ideas before I write them down.

It is useful for me to repeat instructions to an adult before I start an activity.

**Hobbies and Interests**

I want to use Zones of Regulation to describe simple feelings.

I want to concentrate on a task independently for 5 minutes.